



SCALD INJURY PREVENTION TIPS

IN ALL EMERGENCY SITUATIONS CALL 911

IN THE KITCHEN & DINING ROOM:

- Use oven mitts or hot pads when cooking.
- Turn pot handles inward.
- Thoroughly stir all microwave foods and liquids.
- Never heat baby bottles in a microwave.
- Avoid having area rugs in the kitchen.
- Establish and enforce a “no kids” zone in the kitchen, including the stove and sink area.
- Do not use deep fryers around children.
- Do not handle, eat or drink hot items while holding children.
- Test heated foods and liquids before serving to children.
- Keep hot foods and liquids away from the edges of counters or tables.

For further scald or Burn Information please log onto the Shriners Hospital web site www.shrinershq.org



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IN THE BATHROOM:

- Set the water heater temperature to 120°F (49°C)**
- When filling the bathtub, run cold water first, and mix in warmer water.**
- Before placing a child in the bathtub, check the water temperature by rapidly moving your hand through the water. If the water feels hot to an adult, it is too hot for a child.**
- In the bathtub, face the child away from the faucets.**
- Use knob covers on faucets.**
- Always supervise children in the bath. Do not leave them alone.**

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